

FAQ (Eng.)

- [Can you send a chart reading anywhere in the world?](#)
- [What is the difference between life coaching and traditional therapy or counselling?](#)
- [Why should I use your services?](#)
- [Would you see me for a single counselling session?](#)
- [How long does it take to receive my Astrological Reading?](#)
- [What do I need to have my Astrology Chart \(Birth Chart\) done?](#)
- [Can I have my Astrology Cart reading via email?](#)
- [Can I send an Astrological chart to a friend as a gift?](#)

Can you send a chart reading anywhere in the world?

The short answer is yes.

Also it can be done via Skype and you receive a CD on the mail later on!

Please understand that charts will only be made and sent, after full payment is received and cleared (no exceptions).

NEW - *Download your Astrological chart or forecast on a zip file with all MP3 files (very small file !)*

What is the difference between life coaching and traditional therapy or counselling?

The key differences between **Coaching** and traditional therapy or **Counselling** is orientation: in therapy and counselling the focus is on helping clients deal with their personal issues in the present moment; whereas in life coaching the focus is to find out what you would be aiming for your future by using a series of cognitive approaches.

I have an extensive background working as a counsellor and a wealth of knowledge about human nature and behaviour, from which I can draw as a life coach.

Most of my work is based on MiCBT (see here for more info on Mindfulness integrated Cognitive Behaviour Therapy)

Why should I use your services?

- First is because of our **experience** in the fields we practise, lots of experience.
 - Secondly, we are a **reliable** and **ethic** small local family based clinic.
 - Finally because we offer a **personalised service**, and we mean it, you will be treated with all respect and attention.
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Would you see me for a single counselling session?

Sure!

Perhaps this one counselling session is all you need!

Book your appointment [HERE](#).

How long does it take to receive my Astrological Reading?

Usually it takes only a **week or so** to have an Astrological Reading Recorded on MP3 and sent to you on CD via **Post**.

PLEASE confirm this via eMail. Sometimes it gets really busy and a few extra days are required.

What do I need to have my Astrology Chart (Birth Chart) done?

To have your Astrological Birth Chart you need the following data:

Name

Birth Date

Birth Time (as precise as possible)

Birth Place (Town/City Country)

[Click here to Order your Astrological work today!](#)

Can I have my Astrology Cart reading via email?

Usually a chart is RECORDED as an audio MP3, and it is a bit big to send via email. Other options like an Astrology chart reading via **Skype**, or **Download** of your Astrology chart files from server can be organised.

I can also send along with your MP3 recording a SPECIAL version of your reading as an **Audiobook Recording!** PLEASE ASK!
This way you can have more control of your Astrological Reading on your iTunes® or iPod®

[Order your Astrological reading here!](#)

Can I send an Astrological chart to a friend as a gift?

Sure you can send an Astrological Birth Chart or Forecast to someone. It will be a fantastic and out of the ordinary gift.

[You can order it here!](#)
